

PSCHE Provision at Holland Haven Primary School using the PSHE Association Curriculum Framework

Personal Development - The Hidden Curriculum and Cross-curricular Links

See further discrete PSHE coverage on [PSHE Subject Profile](#) and [SMSC/Cultural Capital links](#) and [Diversity Thread](#) on [Termly Curriculum Maps \(2 year rolling programme\)](#)

<p>KS1 Health and Wellbeing</p> <ul style="list-style-type: none"> ★ Learning Culture (thinking skills, golden rules, core values) growth mindset, collaborative learning 'Kagan structures', P4C and peer mentoring ★ Pupil Voice: learning and school councils (and feedback from the Multi Schools Council) ★ Cross-phase beach hut competition ★ Mental Health Days/Weeks ★ Zones of regulations for feelings/emotions, worry monster, emotions slider chart ★ Anti-bullying assemblies and shows ★ Understanding the meaning of 'well being' - KS1 subject key for 'kind, resilient, healthy citizen' ★ P.E (including swimming sessions for Year 2) ★ Science Unit 'Growing up and our bodies' ★ NSPCC Pants On assembly ★ Aspirations: golden assemblies and wow moments ★ Transition days and independence modelling ★ Learn2Cycle, 3PR, Beat the Streets ★ Ongoing Learning Outside the Classroom including termly Beach Schools ★ Healthy snack time ★ School trips ★ School pets - rules and responsibilities ★ P4C Looking after others ★ 'Minibeast' theme - well being aspect ★ 'Knight' theme - how to influence health 	<p>KS2 Health and Wellbeing</p> <ul style="list-style-type: none"> ★ Learning Culture (thinking skills, golden rules, core values) ★ growth mindset, collaborative learning 'Kagan structures', P4C and peer mentoring ★ Pupil Voice: learning and school councils (and feedback from the Multi Schools Council) ★ Cross-phase beach hut competition ★ Mental Health Days/Weeks ★ Zones of regulations for feelings/emotions, worry monster, emotions slider chart ★ Anti-bullying assemblies and shows ★ Science, Computing - E.safety (Cyber Safety Year 6 Police programme) and reliable internet sources, P.E. (incl. the offer of 'top-up' swimming sessions for Year 6) ★ Aspirations: golden assemblies, wow moments and annual careers week Year 6 ★ Transition days (annually including secondary school visits in Year 6) ★ SwimSafe, Learn2Cycle, 3PR, Beat the Streets and Bikeability ★ Forest sessions/D&T (tools, equipment) and outdoor learning: risk-benefit including active play on the Hills, termly Beach sessions ★ First Aid (Heart Start) ★ School trips (all), residential (Year 6) ★ School pets - rules and responsibilities ★ NSPCC visits and E-Safety ★ Aliens and Robots 'astronaut healthy eating' cookery
<p>KS1 Relationships</p> <p>Anti-bullying events Friendship Ambassadors P4C respecting opinions, differences, encouraging environment modelled to share thoughts and feelings, and responses, respectful of feelings Learning Environment: zones of regulation, learning mentor, worry box, golden rules, core values Social, Moral, Spiritual and Cultural themed assemblies R.E. E Safety ('secrets' and what to share), Science and P4C lessons ('kind and unkind') Collaborative Learning and peer mentoring Special people covered in RE units, close to home as well as religious (family - love, security and stability and different types of family) What kind of physical contact is appropriate, uncomfortable contact NSPCC 'Pants On'</p>	<p>KS2 Relationships</p> <ul style="list-style-type: none"> ★ Anti-bullying workshops ★ Friendship Ambassadors ★ P4C respecting opinions, differences, encouraging environment modelled to share thoughts and feelings, and responses, respectful of feelings ★ Learning Environment: zones of regulation, learning mentor, worry box, golden rules, core values ★ R.E. E.Safety, Science and P4C lessons ★ Collaborative Learning and peer mentoring ★ Residential (Year 6) ★ See discrete units separately below PSHE/RHE provision: Differences between people and Loss, separation, divorce and bereavement
<p>KS1 Living in the Wider World</p> <ul style="list-style-type: none"> ★ Living by the coast - assemblies from Coastguard/Lifeboard and visits to the Lifeboat ★ Internet safety and road safety ★ Fire safety (Sparks and Spooks Assembly) ★ Multicultural Day and Best of British Day ★ Termly discussions and construction about class expectations, school pet responsibilities and pupil mentor jobs etc ★ 'Minibeast' theme - covers rights and our responsibilities ★ Class monitors including Eco Council ★ Pupils are part of many groups 'communities': class/phase teams (earn crystals and choose winning ed. activity), cross-phase beach hut houses to share, working learning groups, school, learning and eco 	<p>KS2 Living in the Wider World</p> <ul style="list-style-type: none"> ★ Living by the coast - assemblies from Coastguard visits to the Lifeboat- 'Swim Safe' sessions in the sea ★ Home and Fire Safety (Home Safety and Sparks and Spooks Assembly - Essex Fire Service programme, and Crucial Crew) ★ Multicultural Day and Best of British Day ★ P4C sessions, assemblies and themed links ('Out of this World' Tim Peake, 'Extreme Earth' natural disasters 'Rainforest' conservation, 'Around the World') ★ Class monitors (incl Eco Council) and Prefect duties ★ Democracy: electing school council, decision-making and assemblies ★ British Values/SMSC assemblies ★ Pupils are part of many groups 'communities': class/phase teams (earn crystals and choose

<ul style="list-style-type: none"> council ★ British Values/SMSC assemblies ★ Penguin theme - global conservation and Minibeast theme - conserving local environment ★ Uniqueness and similarities in R.E unit 'special people' includes those in our community ★ E safety who are the right people to report to ★ Respect Assembly (Essex Police) ★ Charity fundraisers broadening awareness and developing compassion ★ Essex RE Curriculum coverage ★ Road and Bike Safety - during school trips and walks in the local area ★ Economic Wellbeing - Spending money on school trips and PTA Fathers Day Shop etc 	<ul style="list-style-type: none"> winning ed. activity), school, learning and eco council (prefects, sports leaders Year 6) ★ Newsround Class Assemblies/WWF - class adopting animals and updates/magazines ★ Year 6 Leavers Fayre ★ Respect Assembly linked to Hate Crime (Essex Police) ★ Charity fundraisers broadening awareness and developing compassion ★ Essex RE Curriculum coverage ★ Spending money on school trips and PTA Economy ★ Wellbeing - Fathers Day Shop etc ★ Year 6 Leavers fayre
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Refer to school's ongoing [Health and Safety Programme](#) (cycling, swimming, first aid, fire/police, 3PR and NSPCC & Anti-bullyin...

Additional Discrete RHE lessons (Year 1 and 2 of 2 year rolling curriculum)

KS1	LKS2	UKS2
<p>Change and loss - Penguins Autumn 1 - Household and medicine danger. Road and Cycle safety. How to respond to an emergency- Wizards Spring 1</p> <p>Fears for themselves (physical) Keeping things private and their right to do so. Anxious secrets and surprises Supported by visitors - NSPCC Safety Unit 2</p> <p>Castles Knight Autumn 2 (body parts)</p> <p>Money, sources of money, spending and saving, the role of money in their lives. Money Unit 1 - Maths</p>	<p>Caring friendships and Peer pressure (links to dares in relationships, characteristics of friendship, how important friendships are in making us feel secure and safe) Caring Friendships (DfE page 21) Friendships and Peer Pressure Unit - Autumn 1 - Charlie and the Chocolate Factory</p> <p>Recognise and challenge stereotypes - Cultural Differences Unit Spring 1 - Pirates</p> <p>Marriage and civil partnerships - Relationships Unit - Summer Year 1 - The Tudors</p> <p>Saving money, spending etc. Money Unit 2 - Maths</p>	<p>United Nations declaration of human rights/ UN convention rights of the child - Autumn 1 - The Victorians</p> <p>Drugs and Alcohol / Habits - Spring 1 Science - Healthy Astronauts</p> <p>Difference between people (cultural, ethnic, gender identity, sexual orientation). Cultural values that differ to the UK. Forced marriage Summer Year 1 Around the World</p> <p>Loss, separation, divorce and bereavement. - Autumn 2 - WW2</p> <p>Wellbeing and personal hygiene - Spring Year 2 - Pompeii</p> <p>Social media representation - responsibility over actions (forwarding images). Responsible use of mobile phones Supported by visitors - Police, NSPCC - E-Safety Unit, Crucial Crew</p>