ACL Essex Family Learning



**Courses available:**

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| **Course Title** | **Course Details** |
| Keeping Up With The Children - English | This course is aimed at parents, grandparents and carers of children and offers information about the structure, teaching methods and content of the literacy curriculum so parents can support their children. |
| ‘SATS’ Attack – English  | The course offers information the content of the literacy curriculum so that they can support the children’s literacy development. Past SATS papers will be used to help parents/carers to support the children through their SATS preparation. |
| Family Phonics | A Phonics course for parents with children in KS1 (Yr 1 or Yr 2) |
| Story Sacks | The aim of a story sack is to give a parent confidence to enjoy books and reading together with their child: creating a combined learning experience. (Preschool and School)This programme provides opportunities for parent and child to:* Listen to good stories read aloud
* Talk and extend vocabulary
* Read for meaning
* Extend general knowledge
* Develop social skills

Improve confidence and stimulate an interest in books and stories |

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| Keeping Up With The Children - Maths | This course is aimed at parents, grandparents and carers children and offers information about the structure, teaching methods and content of the Numeracy curriculum so that they can support their children’s numeracy learning at school |
| ‘SATS’ Attack – Mathematics (KS2) | This course is aimed at parents who wish to gain an understanding of KS2 Maths and the SATs exams and who wish to offer support to their children with Maths homework.Two hour sessions with parents working with the tutor for the first hour and joined by their children for some of the second hour. |

**Workshops**

One off sessions, ideal for introducing family learning into a new venue or as activities for half term and other holidays. Many of these can also be developed into longer courses.

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| Number Sacks | A number sack is a large cloth bag containing a child’s book with a maths theme and supporting materials to stimulate both number and reading activities. The materials include:* A maths themed child’s picture book
* Soft toy and objects that relate to the story
* A number game related to the story
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| Storysacks workshop | A two hour workshop with parents and children to enjoy books and reading together. |
| K’nex workshop | The aim of this workshop is to give families the opportunity to develop their number skills by using K’nex to a make a variety of models |
| First Aid workshop | You will learn a range of family first aid skills from being able to save someone's life to dealing with minor injuries found in the family home. This is a 'hands on' practical course where you will be able to spend time learning this vital skill. |
| Early Learning with Playdough | Supporting parents and children to make playdough together, encouraging communication and Maths/English exploration& development. |
| Mindfulness through Art | Use paint and paper to promote and find your inner calm |
| Positive Parenting PrimaryEarly Years | Top tips to improve relationships with your children, support their emotional, academic and social development through primary schoolTop tips to support their early years development and communication/early language skills, including separation and reunion with caregivers. |